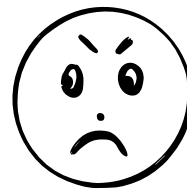


# Thanks for downloading the Feelings Journal Template by Galloping Games LLC!

Thank you for downloading our monthly freebie!  
Print out this template and write how  
you're feeling today!

Color the face that most represents your  
current emotion. Then write and draw a picture to  
explain why you feel that way. Make sure to write  
plenty of supporting details! Print out multiple pages  
and write about your feelings daily or weekly. Collect  
them in a journal or binder so you can remember  
your feelings from the past!



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All graphics by  
Galloping Games LLC.

Font: Hoppin Hollyn by  
Stephany Dillon

Name: \_\_\_\_\_

Today I feel...



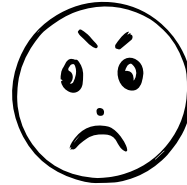
Happy



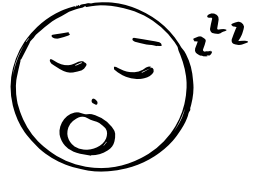
Sad



Scared



Mad



Tired

because