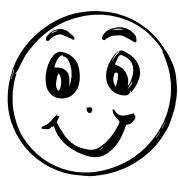


Thanks for downloading the Feelings Journal Template by Galloping Games LLC!

Thank you for downloading our monthly freebie!
Print out this template and write how
you're feeling today!

Color the face that most represents your current emotion. Then write and draw a picture to explain why you feel that way. Make sure to write plenty of supporting details! Print out multiple pages and write about your feelings daily or weekly. Collect them in a journal or binder so you can remember your feelings from the past!



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Name: _____

Today I feel...



Happy



Sad



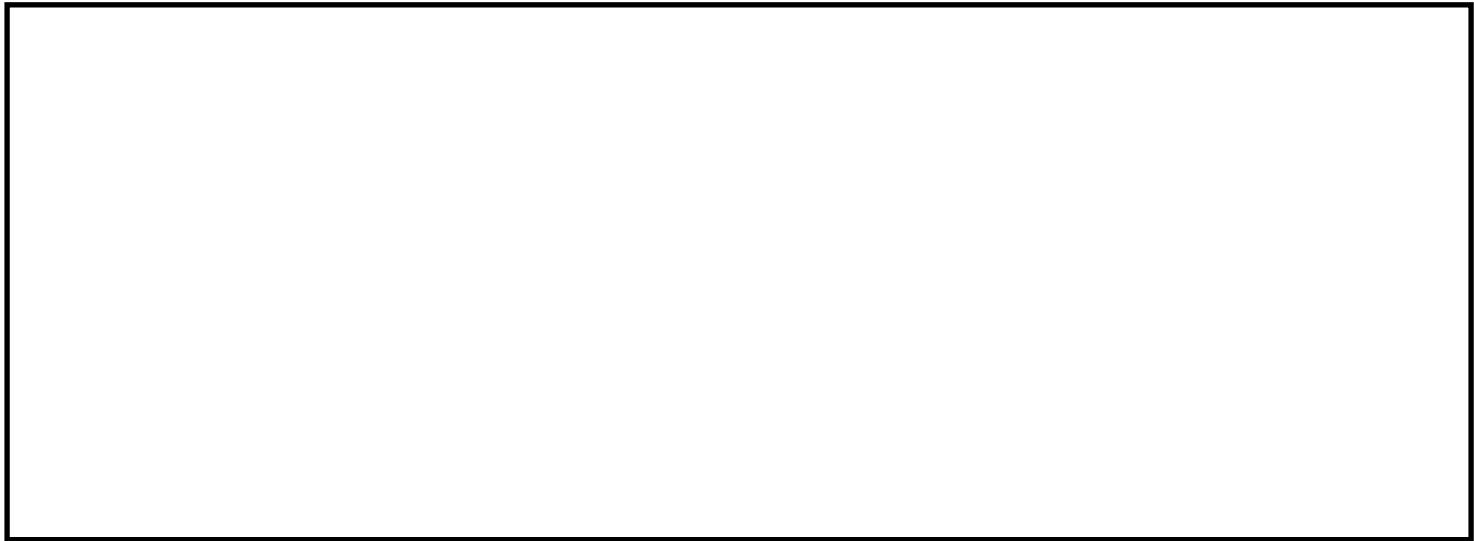
Scared



Mad



Tired



because